SCHOOLHOUSE GRILL
School Meal Specialist

Vision Montessori of Herndon

January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges	New Years Day Holiday	Whole Grain Breaded Chicken Nuggets OR Italian Meatball Sub Topped w/ Mozzarella Cheese OR Veggie Chik'n Nuggets OR Baked Ziti Topped w/ Mozzarella Cheese; Fresh Vegetable & Fruit	Arroz Pollo & Broccoli OR Chicken Penne Alfredo OR Whole Grain Breaded Chicken Tenders OR Veggie Breaded Chik Tenders OR Whole Grain Alfredo; Fresh Vegetable & Fruit
6	7	8	9	10
Turkey Hot Dog on Whole Grain Bun OR Whole Grain Breaded Chicken Nuggets OR Whole Grain Waffles w/ Turkey OR Veggie Sausage OR Mac & Cheese; Fresh Vegetable & Fruit	Whole Grain Hot Cheese Pizza OR Four Cheese Ravioli OR Chicken Tenders OR Veggie Breaded Chik Tenders OR Teriyaki Grilled Chicken over Rice; Fresh Vegetable & Fruit	Whole Grain Cheese Lasagna Roll OR Slow Roasted Turkey & American Cheese Slider OR Whole Grain Breaded Chicken Nuggets OR Veggie Nuggets Fresh Vegetable & Fresh Fruit	Home Made Chicken Pot Pie w/ Whole Grain Biscuit OR Veggie BBQ Chik Wings OR Whole Grain Cavatappi w/ Marinara OR Meatless Crumble OR Chicken Tenders; Fresh Vegetable & Fruit	Whole Grain Chicken & Cheese Quesadilla OR Whole Grain Cheese Quesadilla OR Whole Grain Turkey Corn Dog Nuggets OR BBQ Beef Sloppy Joe on Whole Grain Bun
13	14	15	16	17
Whole Grain Breaded Chicken Tenders OR Kid Fav Mac & Cheese OR Grilled Chicken w/ Garlic Parmesan Sauce & Rice OR Veggie Chik Tenders Fresh Vegetable & Fresh Fruit	French Toast Sticks OR Buttermilk Pancakes OR Waffles w/ Syrup Turkey Sausage or Veggie: Breakfast Patty OR BYO Pita Cheese Pizza Fresh Vegetable & Fresh Fruit	Whole Grain Hot Cheese Pizza OR Beef Taco OR Chicken Fajita Rice Bowl over Whole Grain Rice Topped w/ Cheddar Cheese OR Veggie Refried Bean Bowl OR Cavatappi;	Whole Grain Cheese Tortellini w/ Parmesan Garlic Butter Sauce OR Whole Grain Chicken Tenders OR Veggie Tenders OR G'Ma Chicken Broc Rice Casserole; Vegetable & Fruit	Mini Turkey Corn Dog Nuggets OR Whole Grain Breaded Chicken Nuggets OR Kid Friendly Cowboy Beef Chili OR Baked Ziti Topped w/ Mozzarella Cheese; Fresh Vegetable & Fruit
20	21	22	23	24
Chicken Penne Alfredo OR Whole Grain Chicken & Cheese Quesadilla OR Whole Grain Cheese Quesadilla OR Whole Grain Chicken Tenders Fresh Vegetable & Fresh Fruit	Beef Hamburger Patty on Whole Grain Bun OR Creamy Vegetable Lasagna OR Whole Grain Chicken Nuggets OR Veggie BOCA Burger OR Veggie Nuggets; Fresh Vegetable & Fruit	French Toast Sticks OR Buttermilk Pancakes OR Waffles w/ Syrup Turkey Sausage or Veggie: Breakfast Patty OR Creamy Mac & Cheese OR Turkey Slider; Vegetable & Fruit	Home-Style Turkey Meatballs over Enriched Whole Grain Rice OR Whole Grain Breaded Chicken Tenders OR Baked Ziti Topped w/ Mozzarella Cheese Fresh Vegetable & Fruit	BYO Pita Cheese Pizza OR Whole Grain Breaded Chicken Nuggets OR Home Made Chicken Pot Pie w/ Whole Grain Biscuit OR Salisbury Steak & Potatoes; Vegetable & Fruit
27	28	29	30	31
Korean BBQ Grilled Chicken or Whole Grain Rice OR Whole Grain Breaded Chicken Nuggets OR Italian Meat Lasagna OR Alaska Pollock Fish Patty Fresh Vegetable & Fruit	Baked Ziti Topped w/ Mozzarella Cheese OR Whole Grain Chicken & Cheese Quesadilla OR Whole Grain Cheese Quesadilla OR Whole Grain Breaded Chicken Nuggets	Whole Grain Breaded Chicken Patty on Bun OR Chicken Tenders OR Arroz Pollo & Broccoli OR Beef Taco OR Chicken Fajita Rice Bowl over Rice Topped w/ Cheddar Cheese	Whole Grain Chicken Nuggets OR Cavatappi OR French Toast Sticks OR Buttermilk Pancakes OR Waffles w/ Syrup Turkey Sausage or Veggie: Breakfast Patty; Fresh Vegetable & Fruit	Hawaiian Turkey Meatballs over Whole Grain Rice OR Whole Grain Hot Cheese Pizza OR Chicken Tenders OR Whole Grain Cheese Manicotti Fresh Vegetable & Fruit